

## Permanent Eyebrow Post-Care Instructions

- Expect treated areas to be tender for the next few days. The procedure area may be red, swollen or have a discharge of interstitial fluid and blood for at least 12 hours post procedure. Gently dab off excess interstitial fluid from the procedure area with a clean tissue and distilled water or bottled water. Remember that you should wipe off the interstitial fluid to avoid getting a thick crust.
- The procedure area will be much darker for 5-7 days post procedure. The true color will not be visible for 4 weeks post procedure and for each color refresher.
- Tissue heals at different levels and duration. Some people heal within 7 days and some will take 10 or more days to heal.
- The eyebrows will appear bolder immediately after the procedure. This is common in all Permanent Makeup applications.
- Do not touch the healing pigmentated area with your fingers. Touching the treated area with your fingers, unclean cotton swabs, old products or other, may result in infection. If you need to touch the area, use a clean cotton swab.
- No sauna, jacuzzi, steam, exercise hot yoga, swimming in chlorine pools or in the ocean till the area is completely healed after initial procedure or color refreshers.
- Do not expose your face to the sun until the procedure area has healed. The sun will fade the pigment. Do not wear makeup on the treated area until it has healed. You might cause an infection or otherwise damage the permanent makeup.
- If you are a blood donor, you may NOT give blood for 1 year following your permanent makeup application according to Red Cross.
- Touch-up visits should be scheduled between 4-8 weeks post procedure. All permanent makeup procedures are at least two-step process and for some three-step process. Results cannot be determined until the color refresher is completed.
- If you resume the Retin-A, Retinol, or Retinoids after the 30 days, the continued use will fade your permanent makeup prematurely.
- DO NOT USE any lightening and peeling products that contain AHA's, Vitamin A, Retinol A, Glycolic/Lactic Acids on the treated area; it will fade your tattoo/permanent makeup prematurely.
- If you are out in the sun a lot, have oily skin, using Retinol products, chemical peels, then you will need color refreshers every 6 months to 1 year.

# Permanent Eyebrow Day-to-Day Instructions

## Day 1 (Day of the procedure)

Oily skin: Clean the skin every 30 mins for the first 3 hours (total 6 times) after the procedure using a damp cotton with a clean bottled water or distilled water. Before bed, wash using lukewarm water very gently removing the interstitial fluid, pat dry and apply ointment.

Dry skin: Cleans every hour for the first 3 hours (total of 3 times). Before bed, do not wash if the skin does not have visible interstitial fluid on top of the skin. Apply ointment before bed.

If pigment seal was applied after procedure. Follow the Day 1 step on Day 2.

## Day 2

Oily or dry skin may wash one more time if the skin eliminates interstitial fluid, pat dry and apply thin layer of ointment. If there are no fluid then keep the eyebrows hydrated with the ointment as needed and only if the area feels dry and tight.

## Day 3-10

Everyone's skin has its own healing process and duration. It is recommended to apply ointment as long as the skin is still scabbed, and even after. The ointment will help your skin regenerate faster and better.

## During Day 1 through Day 10 or even longer (until the scabs are gone)

AVOID water on the treated area, makeup, excessive sweating, no sauna, no pools, and no sunbathing. Do not peel the scabs as you may cause scarring if otherwise.

Do not apply anything besides ointments such as Aquaphor, Grapeseed oil, After-Inked, and any other ointments the technician recommends.

## 4 weeks after the procedure

Do not use creams that contain acids or ingredients that will lighten or exfoliate the skin.